

Dear new exchange students,

Lapland UAS follows the national guidelines given by the Finnish Institute for Health and Welfare (THL) [Coronavirus COVID-19 – Latest Updates - Infectious diseases and vaccinations - THL](#).

The coronavirus-related entry restrictions for people travelling to Finland have been lifted on 30.06.2022. However, rapid changes in the COVID-19 epidemic situation are still possible. For this reason, it is recommended by THL that all who travel should be fully vaccinated against COVID-19 before travelling.

Before making any arrangements to come to Finland, please check and organize an insurance cover that is comprehensive for your whole time in Finland. European Health Insurance Card entitles EU/EEA citizens to same acute medical treatment in public health care services as local citizens. However, we strongly recommend getting a private health and accident insurance with comprehensive crisis cover. When planning your arrival please, consider the possible extra time you need in case you have to take the COVID-19 test for example.

Please make sure to check more information and the possible updates on the following webpages:

The Finnish Institute of Health and Welfare

[Travel and the coronavirus pandemic - Infectious diseases and vaccinations - THL](#)

The Finnish Border Guard

[Guidelines for border traffic during pandemic - The Finnish Border Guard \(raja.fi\)](#)

COVID19 safe Lapland

[Home - koronaturvallinenlappi.fi](#)

Please notice that koronaturvallinenlappi is divided into two hospital districts: Lapland and Länsi-Pohja. Students arriving to Rovaniemi follows information under Lapland Hospital District and students arriving to Kemi follows information under Länsi-Pohja Hospital District.